

ALDI		
1		Weetbix
		Vegemite
		Toothpaste
		Tomato paste
		Peanut butter
		dried tortiglioni or rigatoni pasta
		Diced tomatoes
		Deodorant
		Cereal
		Beans
2		Dog food
4		SR flour
		Raisin bread
		Plain flour
		Cake mix
		Bread
DAIRY		Yoghurt
		Organic yoghurt
		Milk
		Margarine
		Juice
		Cheese
FREEZER		Icecream
		frozen mixed vegetables

F&V		
		tomato
		Potatoes
		oranges
		onion
		eggs
		Cucumber
		Bananas
		Apples

HEALTH FOOD SHOP		
		Shampoo
		Conditioner

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SAFEWAY

	Desicated coconut
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	Cat food
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